

# Crafts



Print up craft sheets on white card stock. This will make the finished craft more durable. Where desired, you can laminate.

You can locate card stock at office supply stores, or local stores like Target, Wal Mart, Sam's Club or K-Mart in the office supply section.

Look for additional craft ideas under "Dental Health – Craft and Fun Ideas".

# This is how I Brush my Teeth

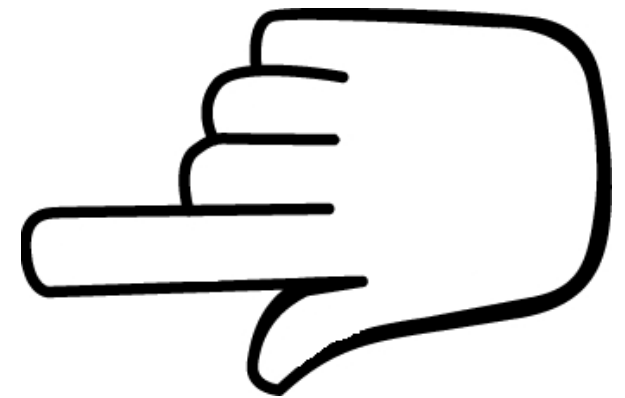
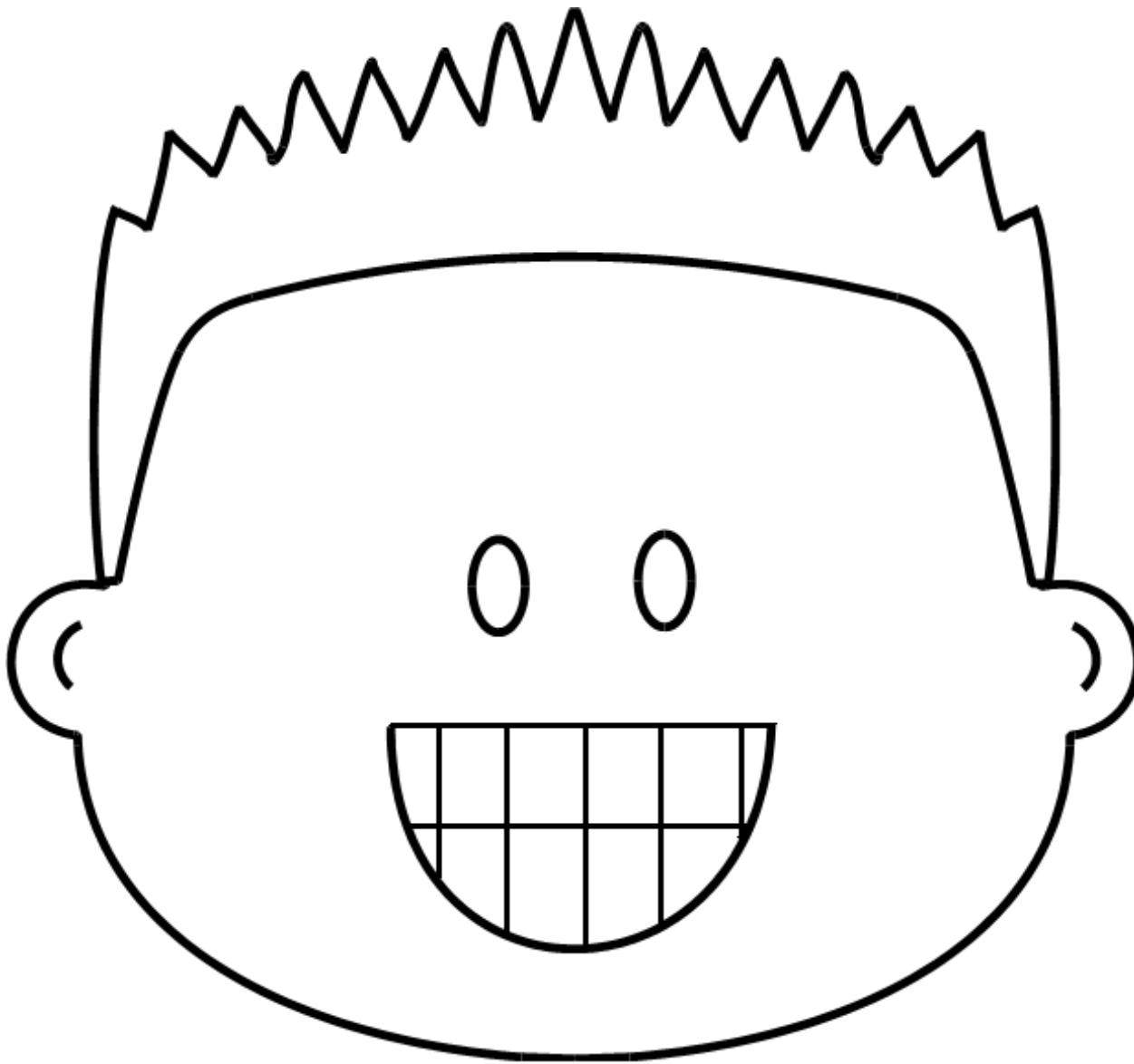
Print up on white card stock.

Color

Cut on dotted line.

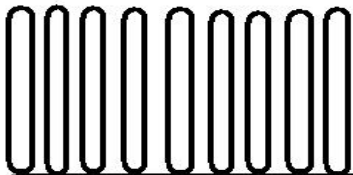
Cut out toothbrush and glue onto page on hand.

This is the way  
I brush my teeth!

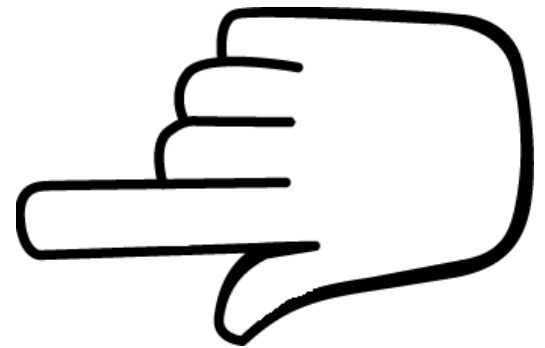
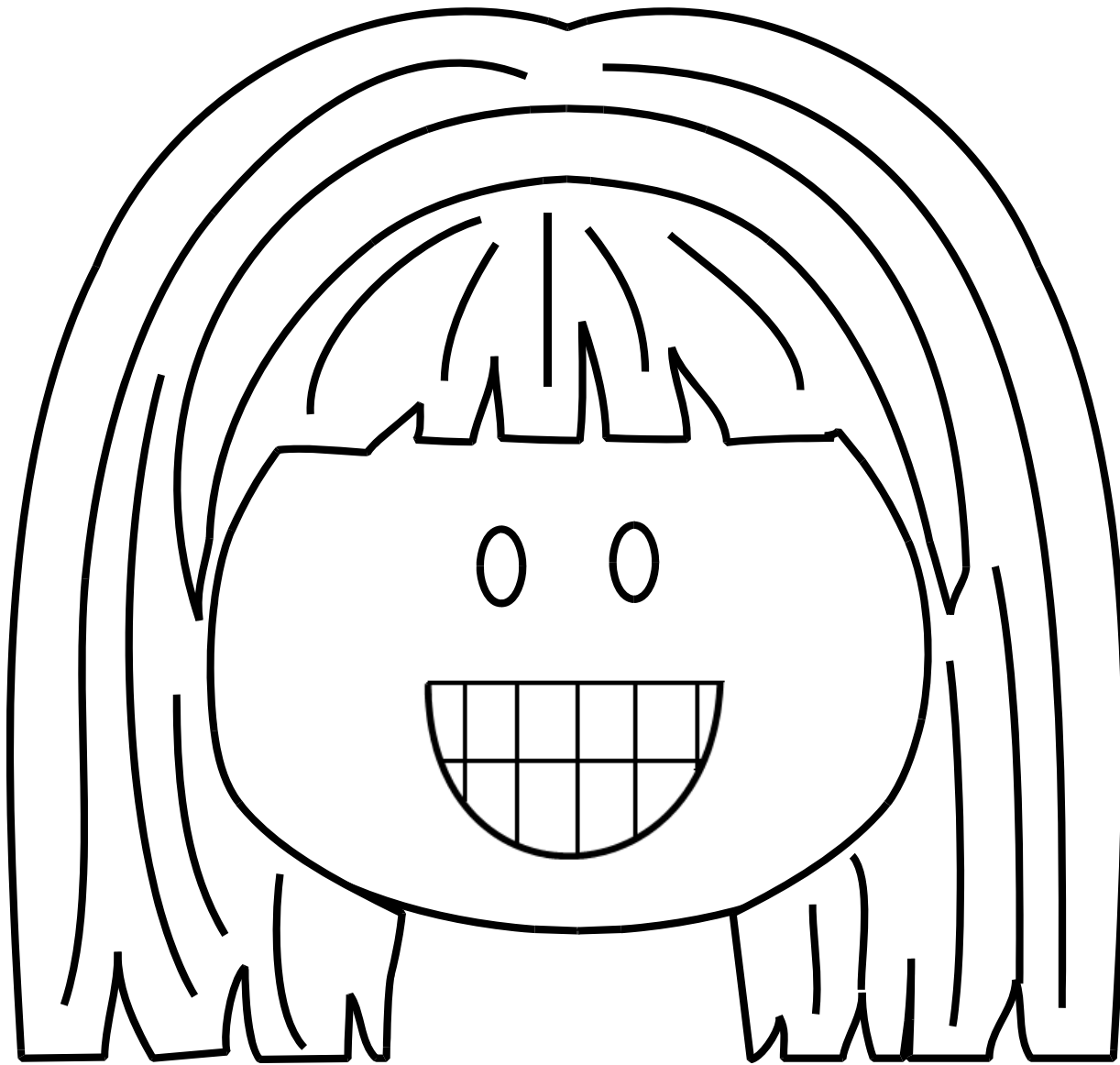


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cut

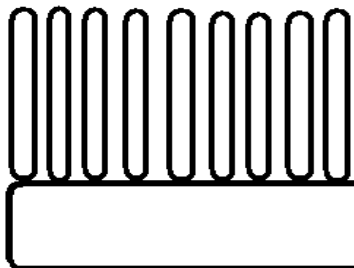


This is the way  
I brush my teeth!



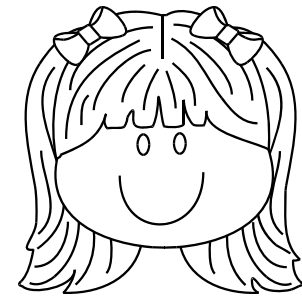
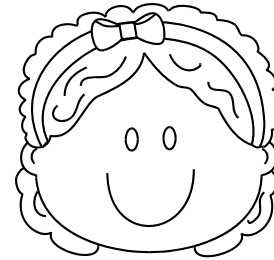
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cut



# My Tooth Brushing Chart

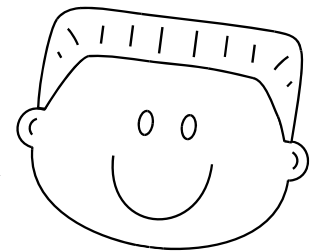
Brush your teeth in the morning.  
Brush your teeth at night.  
Mark your chart when you are done.  
When your teeth are nice and bright!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
						

Name \_\_\_\_\_

Color in the tooth or  
put a sticker on the  
calendar each time  
you brush your teeth.



## Toothbrush Sequencing

Print up the sheet with the 3 toothbrushes on white card stock.

Give to the children to color and cut out.

Glue them in sequence – Largest to smallest.

(Print up the sequence – Largest to smallest sheet on card stock. Or hand print the information on a piece of construction paper.)

Name \_\_\_\_\_

**Toothbrush Sequencing**  
Large to Small

Large

Medium

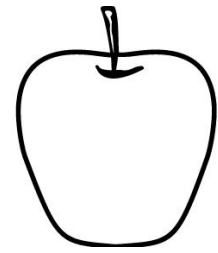
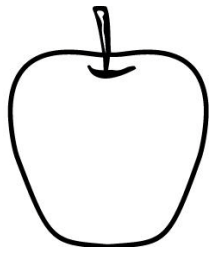
Small





## Dental Headband

- One sheet per child
- Print up on white card stock.
- Have children color or paint.
- Cut out both strips.
- Connect both strips to make a band.
- Fit to child's head and staple together to form a hat.
- If needed, for additional strip, cut a strip from another sheet of card stock.



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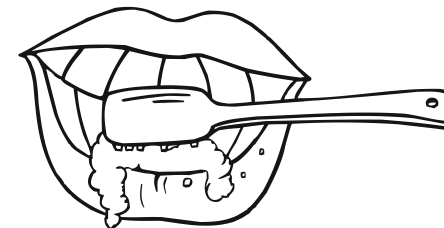
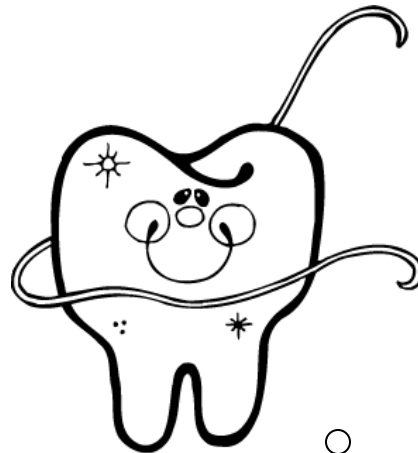
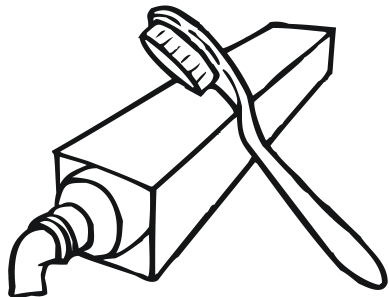
Graphics used: Graphics Factory



I eat healthy foods and brush my teeth  
for a happy smile!

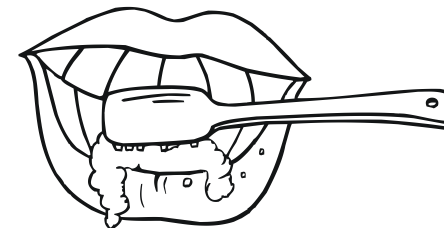
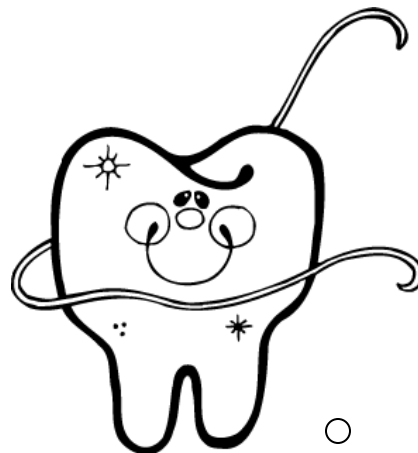
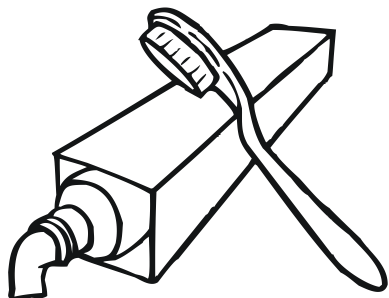


# Healthy Foods = Healthy Teeth



Top part of mobile. Print out on white card stock. (1 per child). Staple or glue together. Punch holes - attach pieces with yarn. Hang with yarn.

# Healthy Foods = Healthy Teeth



Dental Health Mobile Pieces  
Punch small hole in top of each piece.

