

# How to Have Healthy Teeth Book

Book comes in 2 formats

- With dotted words
- Without dotted words

Print first 2 sheets back to back. Fold in  $\frac{1}{2}$ .

Print up last 2 pages back to back. Fold in  $\frac{1}{2}$  and place inside the cover.

*Please note: Use the book format that works best with each child. Older children can practice writing the words without the dashes.*

*Staple if desired. (You will need a longer stapler in order to do this. Can be purchased at Office Max or other office supply store).*

*Graphics used: Graphics Factory*

How to Have Healthy Teeth  
with printed word.  
(For younger children)

Practice writing the words

milk fruits brush floss

milk

fruits

brush

floss

# How to Have Healthy Teeth

By



Drink plenty of milk.



milk

milk

Hooray for healthy teeth.



teeth

teeth

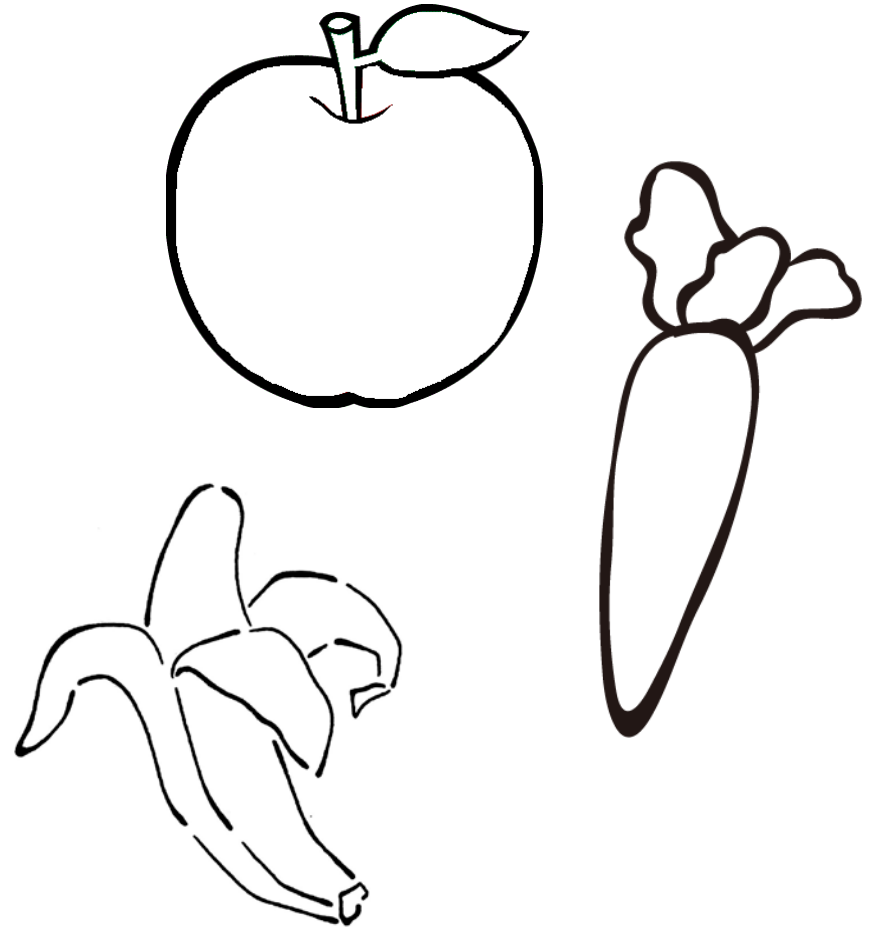
Visit the dentist.



dentist

dentist

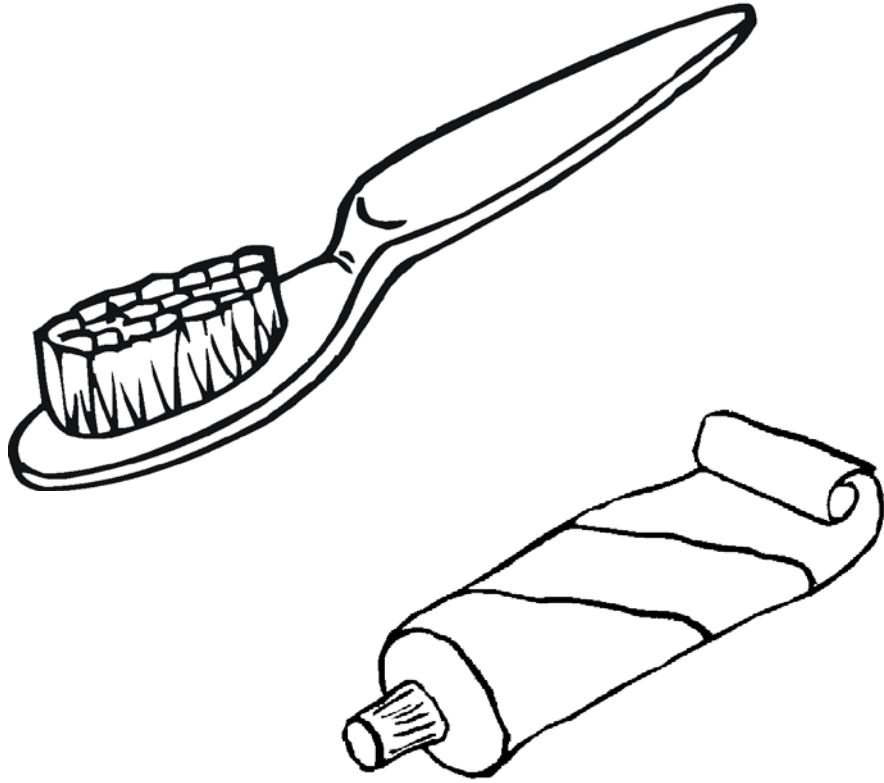
Eat fresh fruits and vegetables.



fruits

fruits

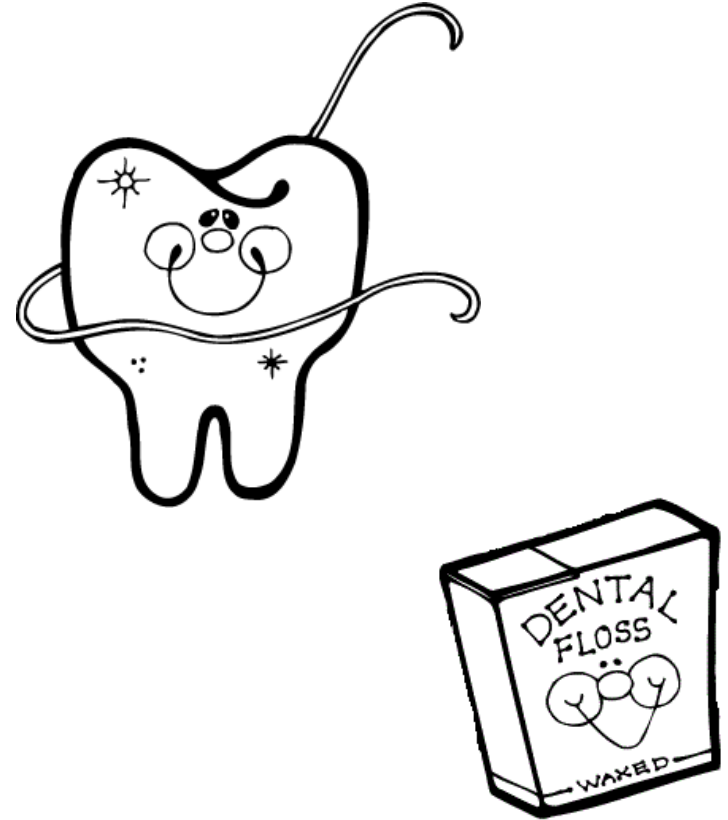
Brush your teeth.



teeth

teeth

Floss your teeth.



floss

floss

How to Have Healthy Teeth  
without printed word.  
(For older children)

Practice writing the words

milk    fruits    brush    floss

Handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line. A red horizontal line is drawn below the first set of lines, and another red horizontal line is drawn below the second set of lines.

# How to Have Healthy Teeth

By





Drink plenty of milk.



milk

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Hooray for healthy teeth.



teeth

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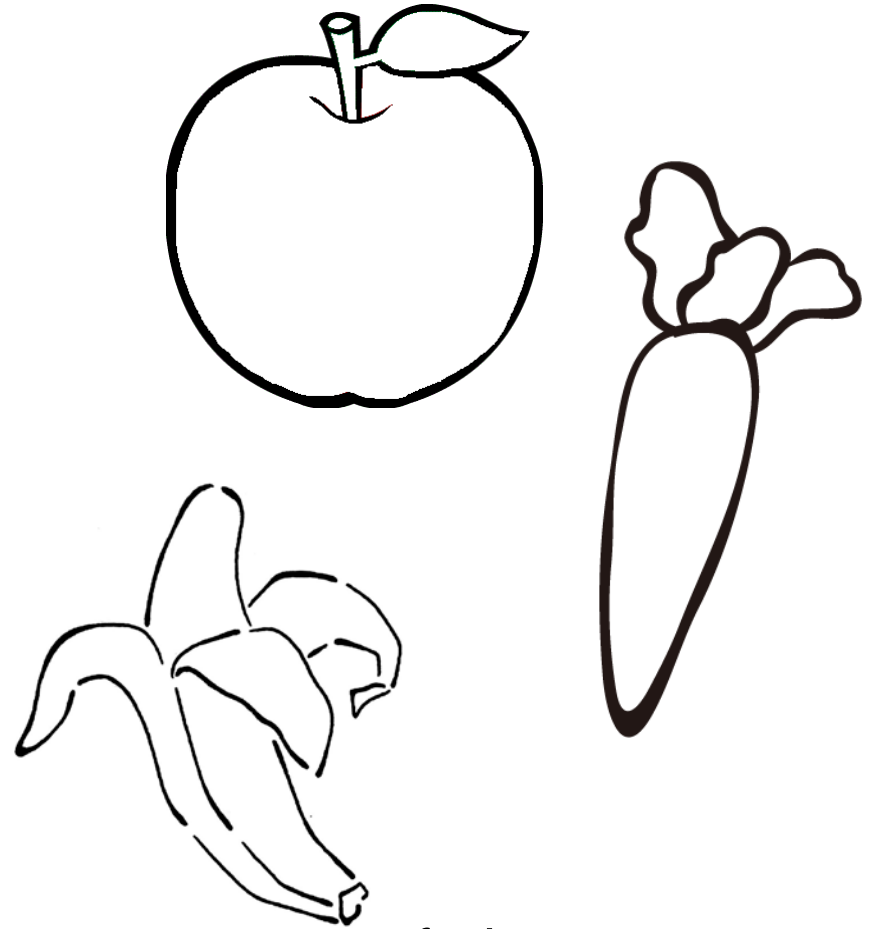
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Visit the dentist.



dentist

Eat fresh fruits and vegetables.



fruits

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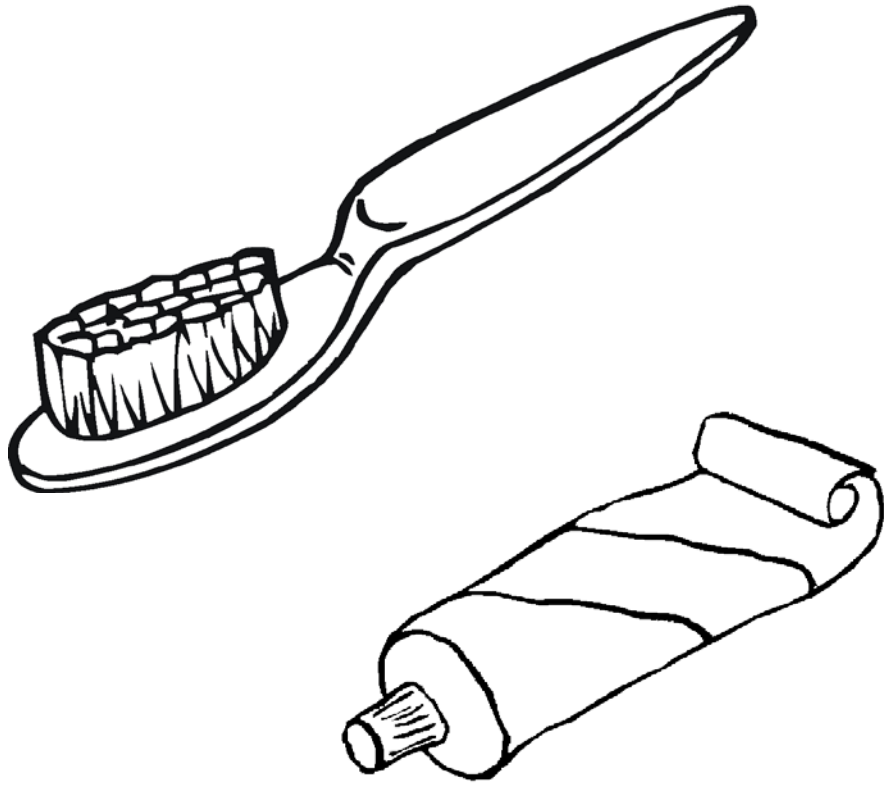
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Brush your teeth.



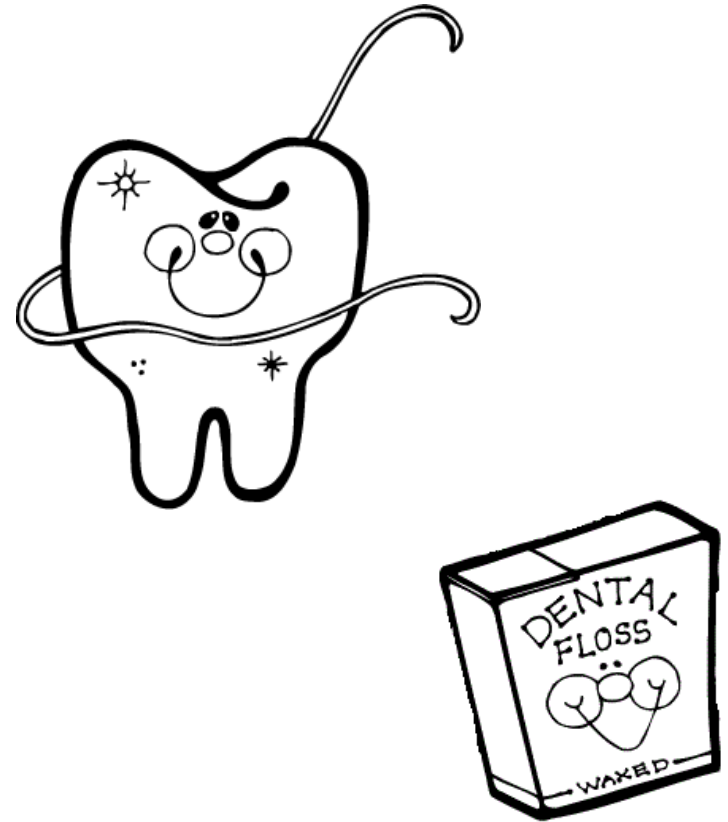
teeth

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Floss your teeth.



floss

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