This is how I Brush my Teeth

Print up on white card stock.
Color
Cut on dotted line.
Cut out toothbrush and glue onto page on hand.
This is the way I brush my teeth!
This is the way I brush my teeth!
My Tooth Brushing Chart

Brush your teeth in the morning.
Brush your teeth at night.
Mark your chart when you are done.
When your teeth are nice and bright!

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="Tooth" /></td>
<td><img src="image2.png" alt="Tooth" /></td>
<td><img src="image3.png" alt="Tooth" /></td>
<td><img src="image4.png" alt="Tooth" /></td>
<td><img src="image5.png" alt="Tooth" /></td>
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<td><img src="image21.png" alt="Tooth" /></td>
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</tbody>
</table>

Color in the tooth or put a sticker on the calendar each time you brush your teeth.

Name ____________________________
Dental Headband

• One sheet per child
• Print up on white card stock.
• Have children color or paint.
• Cut out both strips.
• Connect both strips to make a band.
• Fit to child's head and staple together to form a hat.
• If needed, for additional strip, cut a strip from another sheet of card stock.
I eat healthy foods and brush my teeth for a happy smile!