

Brush Your Way to A Healthy Smile



Directions:

- Print up game board on white card stock.
- Laminate or place inside a file folder.
- Print up spinner and trim.
- Attach spinner.

Use spinner arrow included with game or purchase plastic spinner shown above on sample at the following link.

http://www.boardgamedesign.com/pages/go_shopping/arrows.htm

Game Instructions:

Read instructions below and have fun playing.

Object: Be the first player to reach the finish.

1. Have each children pick a game piece. Sample shows game pieces from a Candy Land game.
2. Place game pieces at the start.
3. First child can spin the spinner and move their game piece according to the color the spinner lands on.
4. If the child lands on a space with directions, read them out loud to them and he/she must follow the directions to move the game piece forward or back.
5. If you land on a blank space, your turn ends. The next child then takes his/her turn.
6. The first player to reach the end wins.

Notes:

- (You can also use a dice, and have children shake the dice and count the number of spaces)
- Two players can be in the same "square."

Graphics used for Brush Your Way to Healthy Teeth Game



Game Boards Galore
{Creative Clips Digital Clipart}

<http://www.teacherspayteachers.com/Store/Krista-Wallden>

Dental Health Clip Art
Jason's Online Classroom

“Clipart created by Jeanette Baker of Jason’s Online Classroom
<http://www.teacherspayteachers.com/store/Jasons-Online-Classroom>)”

START

You ate a healthy breakfast. Move 2 spaces

You forgot to brush your teeth. Move back 2 spaces.



You brought a healthy snack to school. Move ahead 3 spaces

You had a fun time playing at recess. Great Exercise. Move ahead 2 spaces

You ate a healthy lunch. Good for you! Move ahead 2 spaces

You forgot to brush your teeth. Move back 2 spaces.

You drank a big glass of milk with a healthy snack. Move ahead 2 spaces.

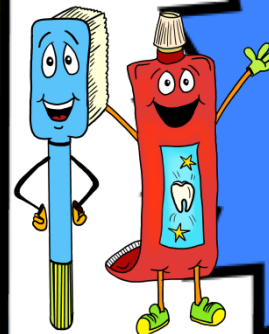
You ate a healthy dinner that includes fruits and vegetables. Move ahead 2 spaces.

BRUSH YOUR WAY TO HEALTHY TEETH!



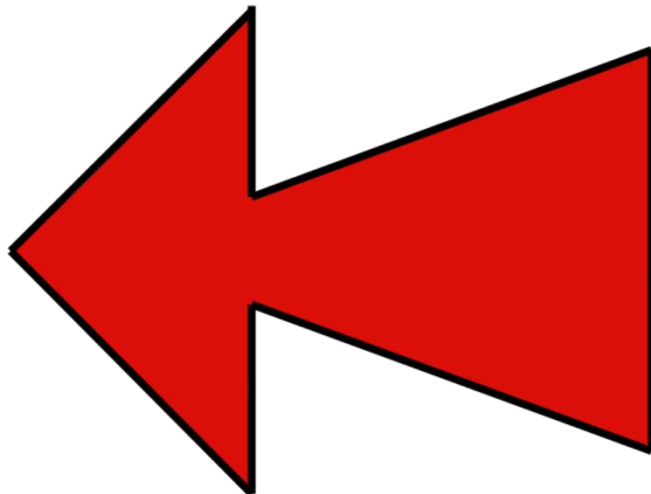
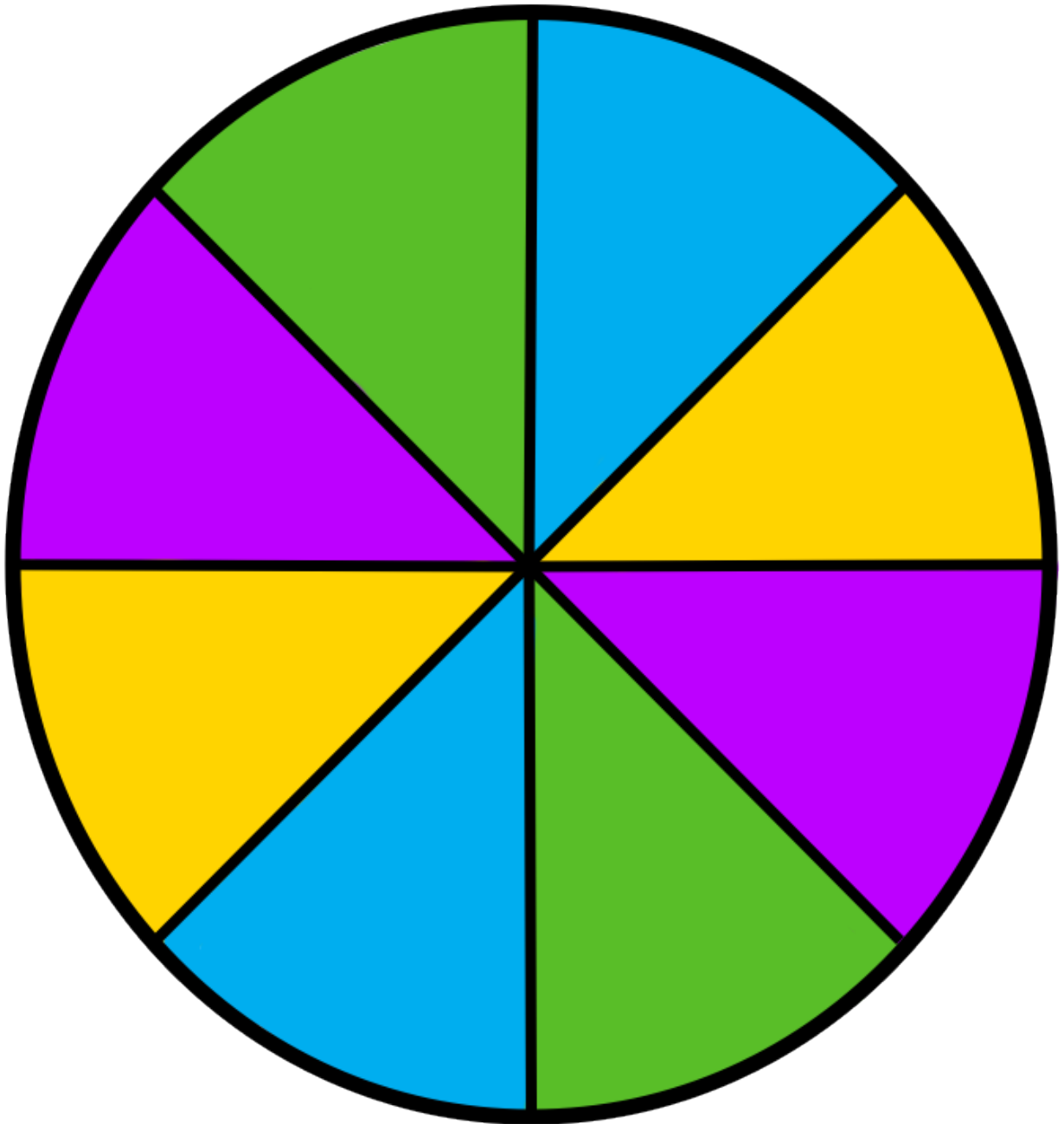
You ate candy and didn't brush your teeth, Move back 4 spaces.

You brushed before bedtime. Move ahead 2 spaces



FINISH

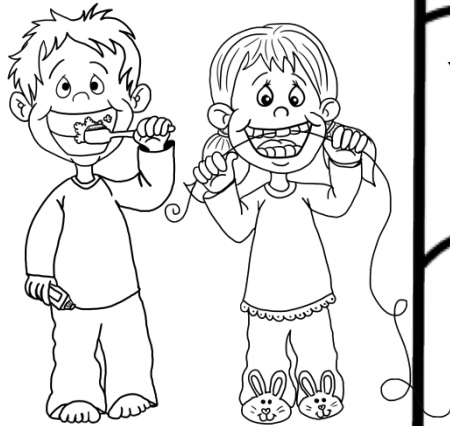
Brush Your Way to Healthy Teeth Spinner



START

You ate a healthy breakfast.
Move 2 spaces

You forgot to brush your teeth.
Move back 2 spaces.



You brought a healthy snack to school. Move ahead 3 spaces

You had a fun time playing at recess.
Great Exercise.
Move ahead 2 spaces

You drank a big glass of milk with a healthy snack.
Move ahead 2 spaces.

You ate a healthy lunch.
Good for you!
Move ahead 2 spaces

You forgot to brush your teeth.
Move back 2 spaces.

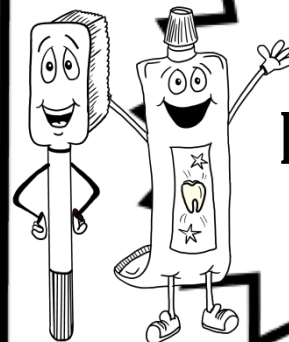
You ate a healthy dinner that includes fruits and vegetables. Move ahead 2 spaces

BRUSH YOUR WAY TO HEALTHY TEETH!



You ate candy and didn't brush your teeth, Move back 4 spaces.

You brushed before bedtime.
Move ahead 2 spaces



FINISH

Brush Your Way to Healthy Teeth Spinner

