

# This is how I Brush my Teeth

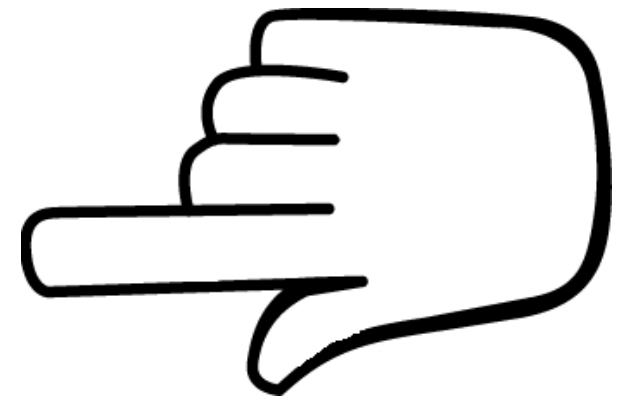
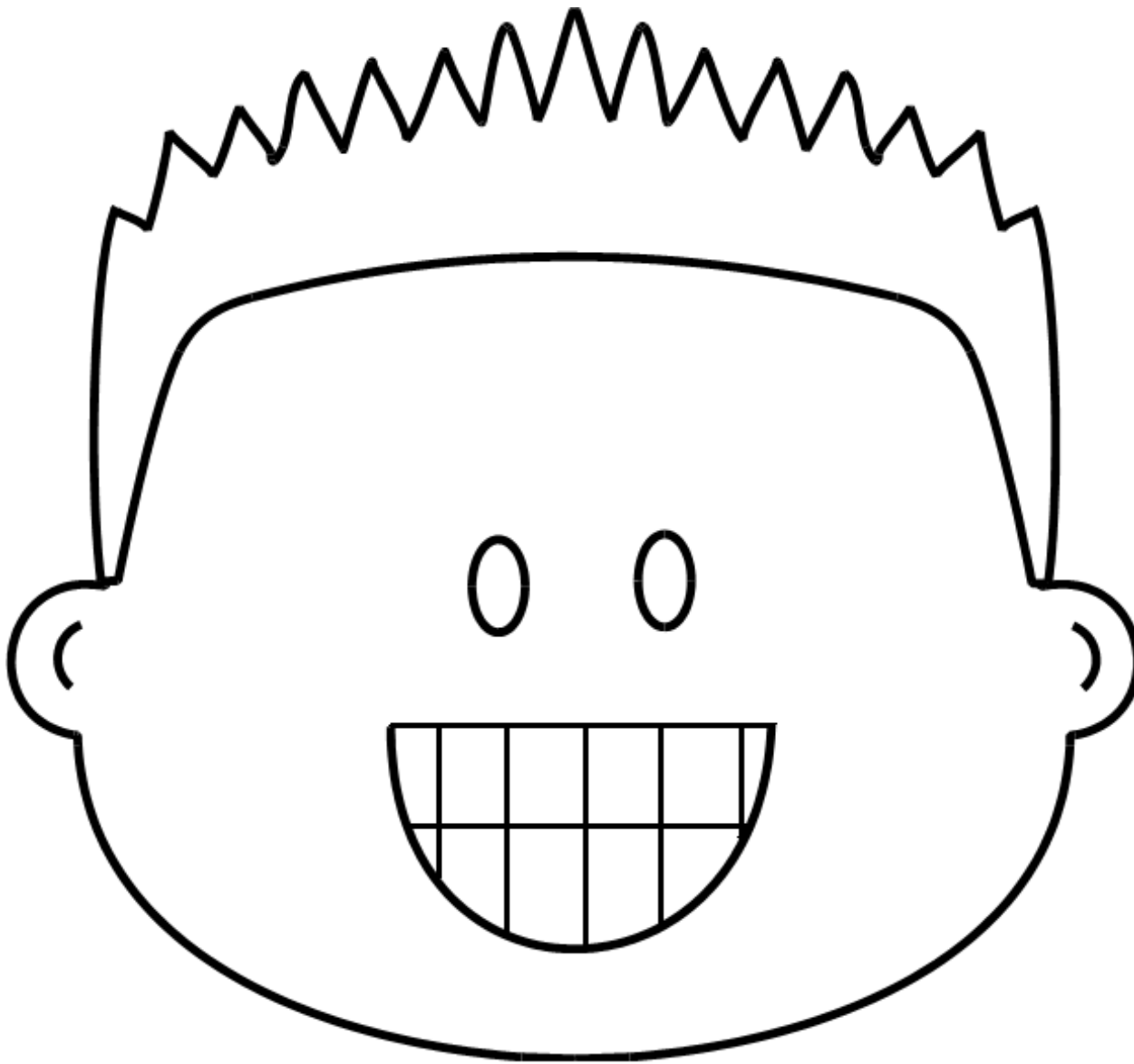
Print up on white card stock.

Color

Cut on dotted line.

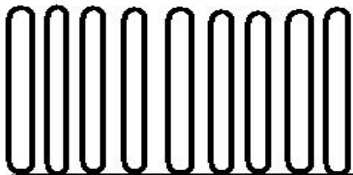
Cut out toothbrush and glue onto page on hand.

This is the way  
I brush my teeth!

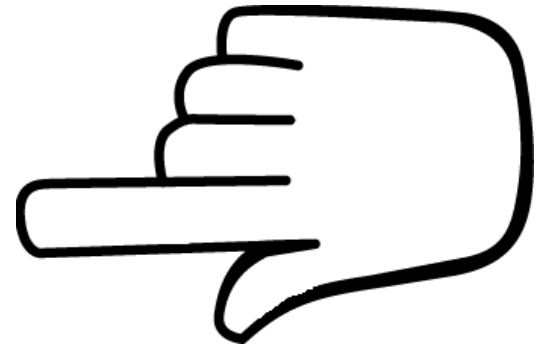
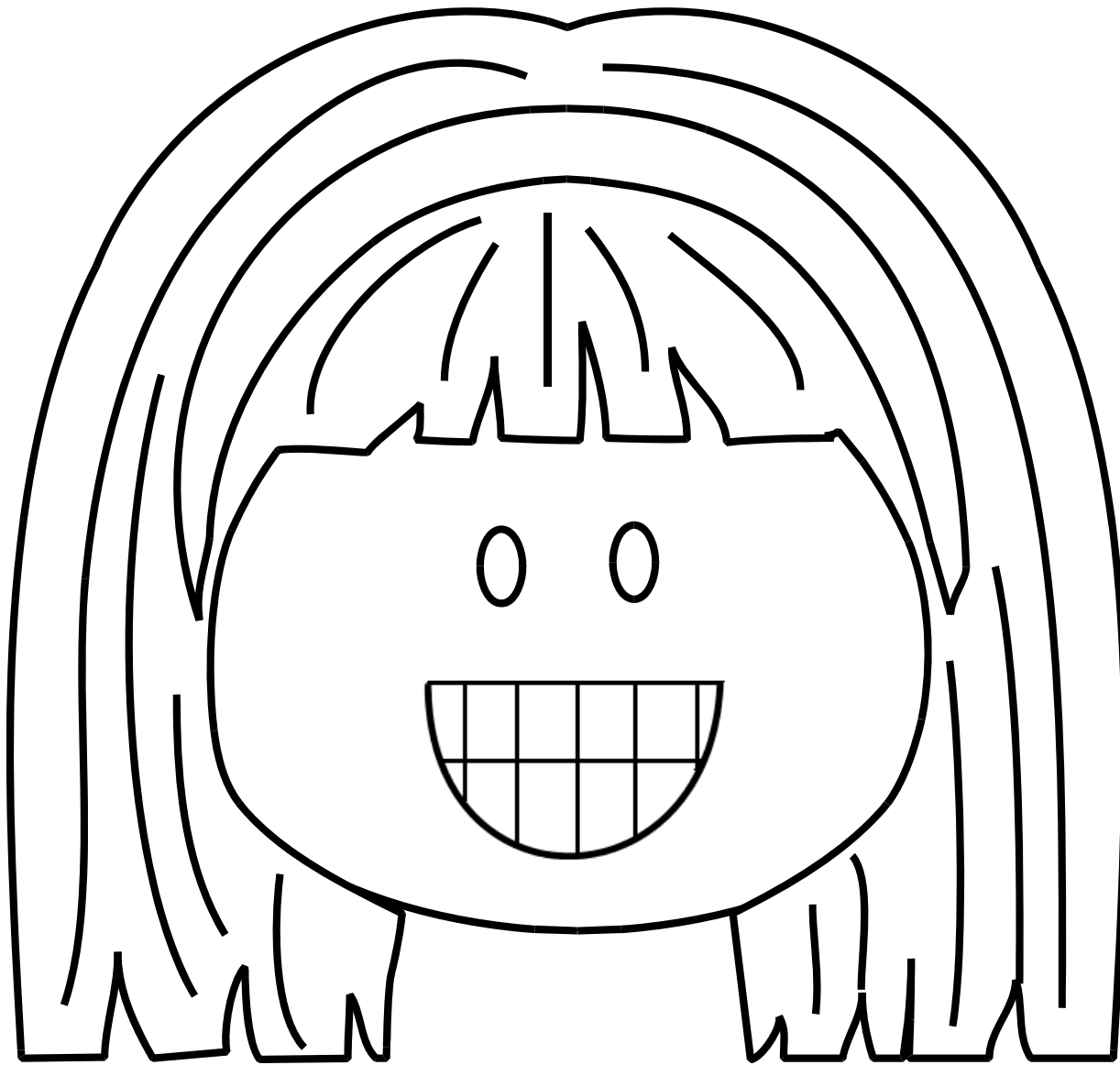


1 - 2 - 3 Learn Curriculum

cut

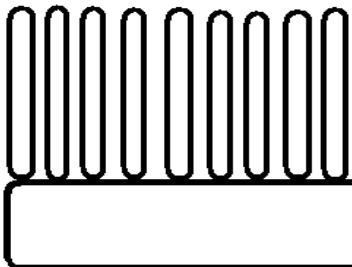


This is the way  
I brush my teeth!



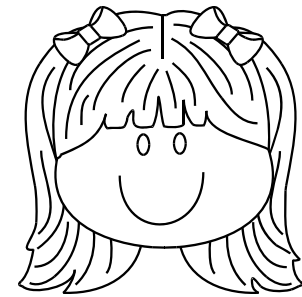
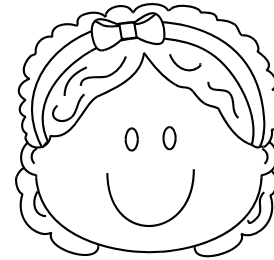
1 - 2 - 3 Learn Curriculum















cut



# My Tooth Brushing Chart

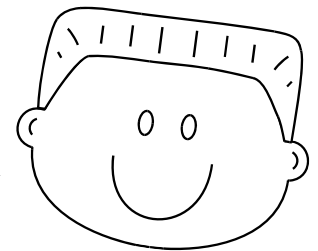
Brush your teeth in the morning.  
Brush your teeth at night.  
Mark your chart when you are done.  
When your teeth are nice and bright!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
						

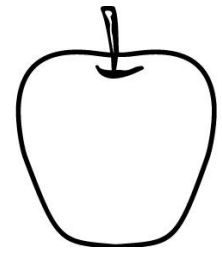
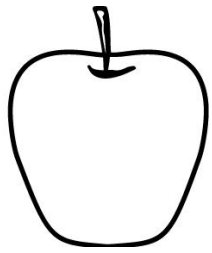
Name \_\_\_\_\_

Color in the tooth or  
put a sticker on the  
calendar each time  
you brush your teeth.



## Dental Headband

- One sheet per child
- Print up on white card stock.
- Have children color or paint.
- Cut out both strips.
- Connect both strips to make a band.
- Fit to child's head and staple together to form a hat.
- If needed, for additional strip, cut a strip from another sheet of card stock.



1 - 2 - 3 Learn Curriculum

Graphics used: Graphics Factory



I eat healthy foods and brush my teeth  
for a happy smile!

