

Touch Policies

It is the policy of this child care to inform parents of the nature and type of routine physical contact their child(ren) will experience while in my care. There is NO physical punishment at my child care at any time. It is my belief and practice that children need nurturing, adult physical contact for their care and healthy development. This contact can be described in three ways:

- 1) *Nurturing*: This includes hugs and non-intimate kisses, hand holding, gentle tickling, carrying and cuddling. This type of contact is never made against the expressed wishes of the children.
- 2) *Safety and Guidance*: This includes restraining children from harmful situations, separating physically conflicting children, directing children by gently leading or guiding them and administering 1st aid to injuries.
- 3) *Hygiene*: This includes face and hand washing; assisting with bathroom duties (as appropriate to the age of the child), diaper changes, examining rashes or unusual marks, nose blowing and assisting with or conducting necessary clothing changes.

It is also my belief that it is normal and healthy for children to express affection with their peers. This includes hugs and non-intimate kisses and hand holding. This type of contact is never made against the expressed wishes of the children.

I / We have read and understand the above policy.

Parent's Signature

Date

Parent's Signature

Date

Provider's Signature

Date